

Melanie's Backpack
 Three Season Equipment 2016

Item	Weight (oz)	Weight (lbs)
Big Stuff:		
Zpack ArcBlast cuben fiber 60L W/Shoulder Pouch	21.10	1.32
GPS Zpacks Pouch attachment	0.60	0.04
REI pack cover	4.00	0.25
Six Moon Designs Cuben Fiber Skyscape Tent	23.60	1.48
Zpack Down 10 degree Sleeping Bag W/Stuff Sack	19.40	1.21
ThermaRest Neo Light (Women's) w/stuff sac	12.35	0.77
Tyvec Ground Sheet	3.30	0.21
Thermojet Alcohol Stove w/pot stakes (2)	1.25	0.08
Windscreen - Aluminum	1.25	0.08
Titanium Spoon	0.45	0.03
Titanium cook pot	5.25	0.33
Plastic Drinking Cup	0.80	0.05
Kitchen Stuff Sack	0.40	0.03
BIC Butane Lighter	0.95	0.06
Subtotal	94.70	5.92
Clothing (in pack):		
Micro Fleece - Long sleeve	5.90	0.37
(2) Cotton Bandanas	2.40	0.15
Marmot Rain Jacket Essence	5.55	0.35
Zpacks Rain Pants	2.65	0.17
Crocs open toe sandals	6.70	0.42
REI Purple long sleeve shirt - W med	5.25	0.33
EMS techwik underwear bottoms (midwgt)	5.40	0.34
Extra Smart wool socks	2.35	0.15
Wool hat	1.90	0.12
Gloves (mid-weight liners)	1.30	0.08
Zpack Rain mitts (sil-nylon)	1.00	0.06
Subtotal:	40.40	2.53
Misc Equipment:		
Garmin GPS - 60cx	7.75	0.48
Extra Batteries (AA rechargeable), Charger phone & Battery, phone cord	9.50	0.59
Samsung Galaxy 6 phone	4.90	0.31
Samsung Tab A, has all maps, town guide, etc	20.10	1.26
Suunto Compass	1.65	0.10
Black Diamond Head Lamp W/Extra Battery	1.30	0.08
Bear Rope (lightweight)	2.00	0.13
Classic Swiss Army Knife	0.75	0.05
(3) 1 Litre Platypus Water bottles	3.35	0.21
First Aid & Repair Kit	2.75	0.17
Bleach for Water Treatment	1.50	0.09
Mosquito Head Net	0.60	0.04
Utility mesh sac	0.95	0.06
Subtotal:	57.10	3.57

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Personal Stuff:			
Sunglasses w/fleece case		1.30	0.08
Sunscreen		1.25	0.08
Purell, Tooth brush & paste		1.75	0.11
Comb		0.35	0.02
Bug Repellent		3.50	0.22
TP		3.00	0.19
Subtotal:		11.15	0.70
Total Base Pack Weight Ounces & Pounds		203.35	12.71
WEARING - non pack weight			
Clothes			
Dirty Girl Gaiters (pr)		1.10	0.07
Sunhat - Columbia w/brim		2.80	0.18
REI long sleeve shirt - W-Sm.		8.35	0.52
REI Hiking Plants - W-Petite		10.50	0.66
Smart Wool Socks		2.25	0.14
Gossamer Gear "Hipster" waist belt "purse"		4.10	0.26
Sports Bra		2.70	0.17
Suunto Alimeter watch		1.85	0.12
Hiking Shoes: Salomon E. GTX W9		24.25	1.52
Subtotal:		56.80	3.55
Black Diamond Hiking Poles		20.40	1.28
Total Weight Wearing		77.20	4.83
Columbia Hiking Pants		9.25	0.58
Nemo Pad		12.6	0.79
Keen Logan Hiking Shoes W9.5		29.35	1.83
Wool Mittens w/fingers		3.45	0.22
Icebreaker bottoms		8.2	0.51